

WHILE-TASK: EXPRESS FEELINGS IN LANGUAGE

Linguistic focus

Writing/vocabulary

Thematic focus

Feelings

Language level/target group

A2/B1

Teacher instructions

In the book, there is a passage that reads „**What kinds of things make you feel happy?**“ (page 6); this question is the focus of the learning chunk on feelings. It might be helpful to begin with the pre-task on metaphors (see Happy 5.1).

In the beginning, the metaphor of the sun and the storm is addressed in class. For that, the teacher shows a picture of a sun and a picture of a cloud with rain to the students and asks them to describe the pictures. They should think about what it means to find oneself in a storm and what it means to find oneself in sunny surroundings on a metaphorical level. This exercise can be implemented as a think-pair-share phase where the students match feelings to the scenarios. To be able to better name the feelings that are evoked by certain situations, they can be provided with a list of vocabulary on feelings (see Happy 4.3).

Afterwards, the students choose one situation in which they felt happy and create a small comic depicting this situation. The focus of this exercise is to make revisiting situations of happiness easier in the future. They can do this through a worksheet or use, for example, Pixton (<https://app.pixton.com/#/>).

Possible continuation

If the students want to, they can share what *good times* and what *bad times* are for them. However, this is optional and best decided in recognition of the class and their individual situation/mood as this open sharing might trigger emotional reactions in the classroom.

Additional material to be used

- Worksheet on sun and storm (with answer key)
- Comic worksheet

[Happy 8.1]

[Happy 8.2]

THE SUN AND THE STORM

Task 1

Are these feelings pleasant or unpleasant?

Sort the feelings to the sun (pleasant) or the rain cloud (unpleasant).

sad – happy – excited – joyful – ashamed – proud – lonely – angry – hungry –
sick – hopeful – grateful – calm – mad



Pleasant feelings	Unpleasant feelings

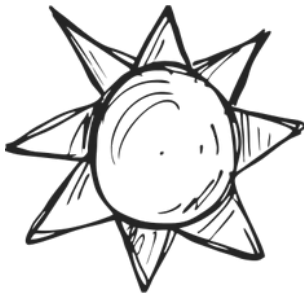
THE SUN AND THE STORM – ANSWER KEY

Task 1

Are these feelings pleasant or unpleasant?

Sort the feelings to the sun (pleasant) or the rain cloud (unpleasant).

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sick – hopeful – grateful – calm – mad



Pleasant feelings	Unpleasant feelings
happy	sad
excited	ashamed
joyful	lonely
proud	hungry
hopeful	sick
grateful	mad
calm	angry

[Happy 8.2]

Name:

Date:

COMIC

Task

Think of a situation where you felt happy. Put this situation into a comic.

